



Inner Circle Personal Fitness Pay-to-Play 5K Run and 1 Mile Walk

Saturday, September 21, 2013

Begins at Wellington Upground Reservoir and ends at Inner Circle Personal Fitness

\$20.00 pre-register by September 16, 2013 (includes race day t-shirt)

\$25.00 race day (t-shirts while supply lasts)

\$5.00 walkers, \$15 walkers with t-shirt

7:00 AM Registration

8:00 AM Walkers Start

8:30 AM Runners Start

Awards/Medals for 1st, 2nd, 3rd place finishes in individual age brackets for male and female 5K runners.

Age Groups for 5K: 14 &, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65+

Proceeds benefit Pay-to-Play programs at Keystone, Wellington, and Black River schools.

Submit Registration Form and Money to:

Inner Circle Personal Fitness

640 S. Main St.

Wellington, OH 44090

Name: _____

Address: _____

City: _____ **State:** _____ **ZIP:** _____

Phone: _____ **Email:** _____

Male: _____ **Female:** _____ **Age:** _____

Shirt Size (Circle One): Small Medium Large XL

I am competing in the: 5K Run _____ 1 Mile Walk _____

By signing below, I hereby waive any and all claims for damages that may arise against the promoters or sponsors of this race, or any entity involved, in regard to any and all injuries or loss of property which may be suffered by me while traveling to or from, or while participating in this event. I attest that I am physically fit and sufficiently trained to participate in this event.

Signature _____

Parent/Guardian Signature _____ **Relationship** _____
(if under 18 years of age)