



10K Race & 1 Mile Fun Run / Walk

Start: Geneva-on-the-Lake Recreation Park,
5606 Lake Road East, GOTL, 44041

Race Day Registration: 8:00 am to 8:45 am
at Geneva-on-the-Lake Recreation Park

Race Start Time: 9:00 am

Parking: GOTL Recreation Park

Awards: Overall and Age Group Awards

Shirts: Long Sleeve Tech Shirts

Timing & Scoring: DMC Timing, LLC

Race Coordinator: Luke Stecki 440-228-5256

Net proceeds from event support FSH muscular dystrophy research and education.

Cosie Laurello Memorial

10K & 1 Mile Fun Run/Walk

Sunday October 4th, 2015

DMC Timing 

Online Registration: <http://www.racesonline.com/events/cosie-laurello-memorial-10k>

Race: 10K Race	Entry Fee: ____ \$25 thru 09/04/15 ____	\$30 thru 10/03/15 ____	\$35 10/04/15 (Race Day)
1 Mile Fun Run	Entry Fee: ____ \$10 thru 09/04/15 ____	\$15 thru 10/03/15 ____	\$20 10/04/15 (Race Day)

First Name _____ **Last Name** _____

Address _____ **Email** _____

City _____ **State** _____ **Zip** _____ **Age on race day** _____

Gender: Male / Female **Shirt size:** S M L XL XXL **Start Time:** 9:00 am

Signature: _____ (Parent or Guardian Signature Required if Under 18)

In consideration of the acceptance of this entry to one of the CL races. I do hereby, for myself, my heirs, executors and administrators waive and release and discharge Ashtabula Distance Runners Club (ADR), the Village of Geneva-on-the-Lake, Geneva State Park and any additional hosts and sponsors, or their respective agents representatives and employees from all claims; demands and rights of cause or action, present and future whether know or anticipated resulting from or arising out of either directly, my participation in the CL Memorial Races. I attest that I am physically fit and sufficiently trained for the completion of the race I enter (10K or 1 mile). I have read and understand the foregoing assumption of risk and release.

Please make checks payable to:

FSH Society

Mail To:

Delta Railroad Construction

P.O. Box 1398

Ashtabula, Ohio 44005-1398

Ashtabula Distance Runners Club (ADR)

PO Box 43

Ashtabula, Ohio 44004

ashtabuladistancerunners.org

